

I.

NARCOTICS ANONYMOUS.

SUGGESTED FORMAT FOR LEADING A MEETING.

INTRODUCTION:

"Welcome to the (designate day of week and name of group.) regular meeting of Narcotics Anonymous".

See page 2. A. B. and C.

READ:

Who Is An Addict? and What is the Narcotics Anonymous Program? (Page I of N.A. ~~BOOK~~ **WHITE BOOK**)

HOW IT WORKS. (Page **3** N.A. ~~BOOK~~ **WHITE**)

(Leader may read above or have someone else read them.)

MEETING.

Speaker, discussion or open forum. (Choice of leader.)

ANNOUNCEMENTS:

Other meetings - when and where held.

Announcements from the group secretary.

SEVENTH TRADITION:

"We have no dues or fees but are self supporting through our own contributions. We ask new-comers and visitors not to contribute, all others are privileged to do so."

READING OF THE TWELVE TRADITIONS OF N.A. (if time permits.)

CLOSING:

SERENITY PRAYER, LORDS PRAYER OR LEADERS CHOICE.

## TO LEADER OF MEETING.

You are in complete charge of this meeting. Conduct it in such a way that you are in control. Leading a meeting is Twelfth Step work and one of the best ways to carry the message of recovery.

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Preferably at the beginning of the meeting, make it known that--

- A. It costs nothing to belong to this fellowship. You are a member when you say you are, you become a member of this group when you sign a card and give it to the secretary.
  - B. A new-comer may come to his or her first meeting although still using, afterwards come clean.
  - C. We do have one "RULE" that applies to everyone at our meetings. NO DRUGS or OUTFITS on your person. This is for the protection of our fellowship and our group.
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Based on our experience you may find the following suggestions helpful in forming your new group.

1. Keep in touch with the World Service Office.

Box 622

Sun Valley, Ca. 91352.

We may be able to help you with some of your basic difficulties.

2. Always try to make a booklet available and free to all new-comers.
3. Contact your local law enforcement agency and tell them your plan to help addicts in your area. Give them a booklet to read so that they will be aware of our program and what it stands for. (see page 2 of booklet-first paragraph.) If they wish more information they may contact World Office above or Los Angeles Police Intelligence Dept. This contact may help you avoid problems that some other groups have faced.
4. Altho' you may start a meeting in a private residence we have found it unwise to remain there long. Meetings in public places are much more successful. The following organizations may have a place suitable for meetings since most have facilities suited to our needs---- churches (all denominations) Y.M.C.A. Y.W.C.A. Salvation Army. V.F.W. etc. Check with you local Alcoholics Anonymous Central Office, they can be very helpful to you.

5. New members may be attracted in several ways-----

a. By a simple PUBLIC SERVICE AD. (generally free) in your local newspaper, such as--

DO YOU HAVE A DRUG PROBLEM

Narcotics Anonymous may help you.

Meeting Phone.  
1650 Oak St. 8.30 P.M. 753-3821

You may mention in the ad that it costs nothing to belong.

b. You could seek referrals from Probation Depts. Health clinics. Schools and Colleges. Hospitals. A.A. Central Off.

6. MEETING TIPS. (see format.)

a. Meetings are usually 1 1/2 hours. Start and stop on time.

b. Coffee may be served during or after a meeting. Cookies or doughnuts may encourage people to socialize and get to know each other in the fellowship.

c. Keep basic records and bank money (regardless of amount) in your group's name.

d. As soon as you have a small number, elect or choose a chairperson and Secretary and/or Treasurer.

e. In keeping with Tradition Seven, pay your way for places where you meet. In some places a percentage of your collections or a straight donation monthly is acceptable. Some organizations, especially small churches, can be compensated by some services--as typing, painting etc.

f. Always leave your meeting place in the same or better order than you found it.

g. If there are any other N.A. Groups in your general area contact them for mutual support and form an intergroup or local General Service Organization. Your voice in N.A. affairs will be strengthened and local problems will be more successfully dealt with.

h. See page 8 in booklet.

"We keep what we have only with vigilance and just as freedom for the individual comes from the Twelve Steps so freedom for the groups springs from our Traditions."

Practice the Traditions for the  
welfare of your group and N.A.  
as a whole.

My Gratitude Speaks  
When I Care AND  
When I Share  
With Others  
The N.A. Way