



Narcotics Anonymous.

Self-Support

Principle and Practice

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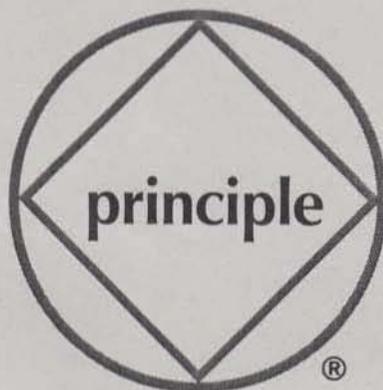
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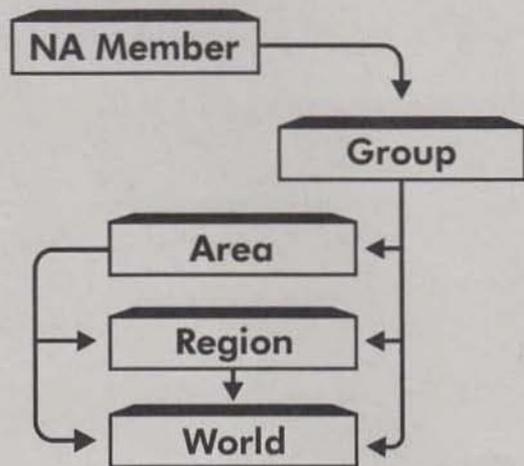
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self-support means that we use what we need, and we pass along the rest to help others. This principle forms the basis of our way of life.

Q: *Is it OK for my area to donate to both the regional and world levels of service?*

A: Of course. Your area can donate to your region and to world services if it chooses to do so. As it says in *A Guide to Local Services*, "Narcotics Anonymous groups directly support area, regional, and world services from money left over after covering their own expenses. Area committees ...are encouraged to do the same with their surplus funds, sending it on to the other levels of the service structure." Here is a chart that demonstrates how funds can flow through our service structure:



Q: *How can an individual member contribute to our service structure?*

A: For individual members, there are many ways to be of service in NA. The first half of this booklet describes many of those opportunities to serve. In terms of donating money to NA services, many individuals find that NA birthdays are an excellent time to give something back. Some members make special individual "gratitude" donations on birthdays, contributing a dollar or more for each year clean. Other members like to present their home group with literature to be provided free to newcomers—the ways in which we can express our gratitude and support our members are limited only by our creativity.

You can donate to your local service community by your group deciding that a percentage of the money collected in your meeting's basket be passed on to the other levels of service.

If you would like to make a direct donation to world services, please send your donation in care of the:

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