



**N.A.
GROUP
STARTER
KIT**

**OUR
GRATITUDE
SPEAKS...**

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N.A. World Service Office, Inc.
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Approved Literature

Welcome to the growing worldwide Fellowship of Narcotics Anonymous.

The information contained in this booklet will give you the basics in starting an N.A. meeting. More detailed information is available. May we suggest that you read this material well before starting.

We are grateful for your desire to help carry the message of recovery in Narcotics Anonymous. Our best wishes go out to your new group and its members. Keep in touch with Narcotics Anonymous as a whole; we are here to help in any way we can.

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Complimentary Literature and Order Form Enclosed in This Booklet.	

The four center pages of this kit contain a group registration form and a sample group treasurer's record, which should be pulled out for your use.

To assure that no addict seeking recovery need die without having had a chance to find a better way of life. From this day forward, may we provide the necessary services.

THE TWELVE STEPS OF NARCOTICS ANONYMOUS

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible.

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us, and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

When local members of groups see a need for an H&I meeting, the information contained in the *Hospitals & Institutions Handbook* can provide the guidance necessary for a successful institution or hospital meeting. (See World Service Office Order Form.)

ABOUT N.A. UNITY

By sharing with one another throughout greater N.A., we get a wider perspective of N.A. recovery. It gives hope in times of despair . . . especially for a "loner" meeting that is geographically isolated.

Many members have experienced the growing pains involved with starting a new group. In the beginning, the growth of membership was usually slow. The development of local Fellowship takes time, faith and hope. Please stay in contact through communication with the World Service Office, other groups, areas and regions.

This booklet was prepared to give general guidelines for N.A. groups from the experience of the Fellowship as a whole. As our experience and desire to further carry the message of recovery grows, so will our literature and general information.

In order to maintain the needs of our Fellowship in the course of growth, the development of a new literature and improved service structure is an ongoing process. Only through our unity in fellowship and service will these needs be met.

**Our Gratitude Speaks . . .
When We Care and
When We Share
with Others the N.A. Way**

THE TWELVE TRADITIONS OF NARCOTICS ANONYMOUS

We keep what we have only with vigilance, and just as freedom for the individual comes from the Twelve Steps, so freedom for the group springs from our Traditions.

As long as the ties that bind us together are stronger than those that would tear us apart, all will be well.

1. Our common welfare should come first; personal recovery depends on N.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or N.A. as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An N.A. group ought never endorse, finance, or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every N.A. group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. N.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the N.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

THE TWELVE BRITISH ORIENTAL ASSOCIATIONS

The British Oriental Association was founded in 1873, and since that time it has been the only organization in the world devoted to the study of the history and civilization of the East. It has a membership of over 1000 and publishes a journal, the *Journal of the British Oriental Association*, which is one of the most important sources of information on the subject.

The Association is divided into twelve sections, each of which is devoted to the study of a particular country or region. These sections are: 1. China, 2. India, 3. Persia, 4. Arabia, 5. Egypt, 6. Greece, 7. Rome, 8. Byzantium, 9. Islam, 10. Buddhism, 11. Hinduism, and 12. Jainism.

The Association also holds regular meetings and conferences, and publishes a list of members. It is open to all who are interested in the study of the East, and its membership is open to all who are interested in the study of the East.

The Association is a non-profit organization, and its funds are derived from the contributions of its members. It is a registered charity, and its income is exempt from taxation. It is a member of the British Association of Scientific Societies, and is affiliated with the Royal Society.

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