



Narcotics Anonymous

FOR THOSE IN
TREATMENT

OTHER NA LITERATURE YOU MAY WISH TO READ

NARCOTICS ANONYMOUS—Originally published in 1983, this publication is commonly referred to as the Basic Text for recovery from addiction. In its pages, many addicts share their experience, strength, and hope about the disease of addiction and their recovery through the NA program. The personal stories of many recovering addicts are also included in order to assist new members in finding identification and hope for a better life.

NA WHITE BOOKLET—The NA White Booklet was the first piece of literature written by the Fellowship of Narcotics Anonymous. It contains a concise description of the NA program.

AM I AN ADDICT? (IP #7)—This pamphlet has a list of questions that may assist individuals in making this personal decision. Reading this pamphlet may help you to face addiction honestly and give you hope, because it offers the solution of the NA program.

JUST FOR TODAY (IP #8)—Five positive thoughts to help recovering addicts are presented in this pamphlet. Ideal for reading on a daily basis, these thoughts provide addicts with the perspective of clean living to face each new day. The remainder of the pamphlet develops the principle of living just for today, encouraging addicts to trust in a Higher Power and work the NA program on a daily basis.

SPONSORSHIP (IP #11)—Sponsorship is a vital tool for recovery. This introductory pamphlet helps provide an understanding of sponsorship, especially for new members. The pamphlet addresses some questions, including "What is a sponsor?" and "How do you get a sponsor?"

YOUTH AND RECOVERY (IP #13)—The message of this pamphlet is that recovery is possible for all addicts, regardless of their age or length of drug use. It emphasizes that all addicts eventually end up at the same point of total despair, but this is not necessary—we can begin recovery right away!

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