



I.P. No. 4

NARCOTICS ANONYMOUS

PROMISES

OF

N.A.

"Unapproved Literature
for WSC Literature
Sub-Committee Evaluation
ONLY"

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WORLD SERVICE OFFICE, INC
16155 Wyandotte St.
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PROMISES OF N.A.

We offer only one promise and that is freedom from active addiction — the solution that eluded us for so long — WE WILL BE FREE FROM OUR SELF-MADE PRISONS!!!

N.A. offers addicts a program of recovery which is more than a life without drugs; not only is this way of life better than the Hell we lived in, it is better than any life we had ever known.

As we develop faith in our daily lives we find that our Higher Power supplies us with the strength and guidance we need. As we recover, we gain a new outlook on being clean. We enjoy a feeling of release and freedom from the desire to use. We find that everyone we meet eventually has something to offer. We become able to receive as well as to give. Life can become a new adventure for us. We come to know happiness, joy, and freedom.

A whole new life opens up. We do recover. Slowly our life changes and if we learn rigorous honesty these promises come true.

1. We begin to feel worthwhile.
2. We develop self-esteem.
3. We get a better perspective on life.
4. We will be unafraid.
5. We come to know ourselves.
6. We experience new sensations.
7. We do things we never thought we could do and enjoy.
8. We make mistakes and accept and learn from them.
9. We experience failure and learn how to succeed.
10. We become more loving.
11. We become more clear in our thinking.
12. The obsession of self is removed.
13. We become a productive and responsible member of society.
14. The future becomes an exciting journey.
15. We become increasingly open-minded.
16. We find a God who cares for us and will do for us what we cannot do for ourselves.