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Memphis Miracle Newsletter  
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MEMPHIS AREA SERVICE COMMITTEE  
OF  
NARCOTICS ANONYMOUS



—Greater Desire To Communicate And To Unity Thru Participation. . .  
Being Allowed To Serve Is Our Reward—  
Memphis Area Service Committee  
N.A. HELPLINE 276-LIVE



CarryTheMessage.Com  
Source: Danny M.

Basic Text Approval Form  
Unpublished Literary Work

The paragraph below was approved at the 6th World Literature Conference at Miami, Fla. in Sept. '81 and was inadvertently left out in the printing of the approval form.

## Chapter 10

### MORE WILL BE REVEALED

As our recovery progressed, we became increasingly aware of ourselves and the world around us. Our needs and wants, our assets and liabilities, were revealed to us. We came to realize that we had no power to change the outside world; we could only change ourselves. The program of Narcotics

#### INSERT FOR CHAPTER 10

Page 50, Line 35

After: "We must not use, no matter what!"

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This is a program of total abstinence, however, there are times, such as in cases of health problems involving surgery and/or extreme physical injury, when medication may be valid. This does not constitute a license to use. There is no safe use of drugs for us. Our bodies don't know the difference between drugs prescribed by physicians for pain and drugs "prescribed by ourselves" to get high. As addicts, our skill at self-deception will be at a peak in such a situation. Often our minds will even manufacture additional pain as an excuse to use.

#### NEW PARAGRAPH

Turning it over to . . .

is clear: "We must not use, no matter what!" Turning it over to our Higher Power and getting the support of our sponsor and other members can help prevent us from being our own worst enemies. Being alone during such times would give our disease too much leeway to take over. Honest sharing can dispell our fears of relapse. Serious illness or surgery can present particular problems for us.

Physicians should have specific knowledge of our addiction. Remember that we—not our doctor—are ultimately responsible for the risk we expose ourselves to. To minimize the danger there are a few specific options that we may consider. These are using local anesthesia, avoiding our drug of choice, if any, stopping while we are still hurting, and spending extra days in the hospital in case withdrawal occurs.

When the message comes our experience will pass. Through prayer, meditation and sharing we keep our minds off of our discomfort and have the strength to keep our priorities in order. It is imperative to