

Casebook Narcotics—III

# Frightening Is Withdrawal Stage, The Body's Demand For Narcotics

## Most Unpleasant Phase Of Drug Habit Known And Feared; Addiction Impairs Thinking, Insight And Physical Welfare

By Jack Lewyn

One of the most unpleasant aspects of drug addiction is withdrawal, the painful, dreaded cry of the human system for narcotics when denied.

That, notably, is the reason why society's popular conception flays the addict as a person who cringes first and then reacts violently when confined in the ordinary city and county jail or prison.

The addict is not inhuman. In most instances, he is an intelligent being whose thinking, insight and physical welfare have been overcome, or seriously impaired, by an addiction far beyond his personal management or control.

The threat of withdrawal is always present for the addict. He knows it and he fears it.

### Observation On Addiction

Dr. Lawrence Kolb, former medical officer in charge of the Public Health Service hospital here, recorded this observation:

"After the first stage of addiction, the motive for it is not pleasure, but the avoidance of pain, and those addicts whose supplies of opium (and opiates) are irregular and uncertain pass through periods of comfort and discomfort

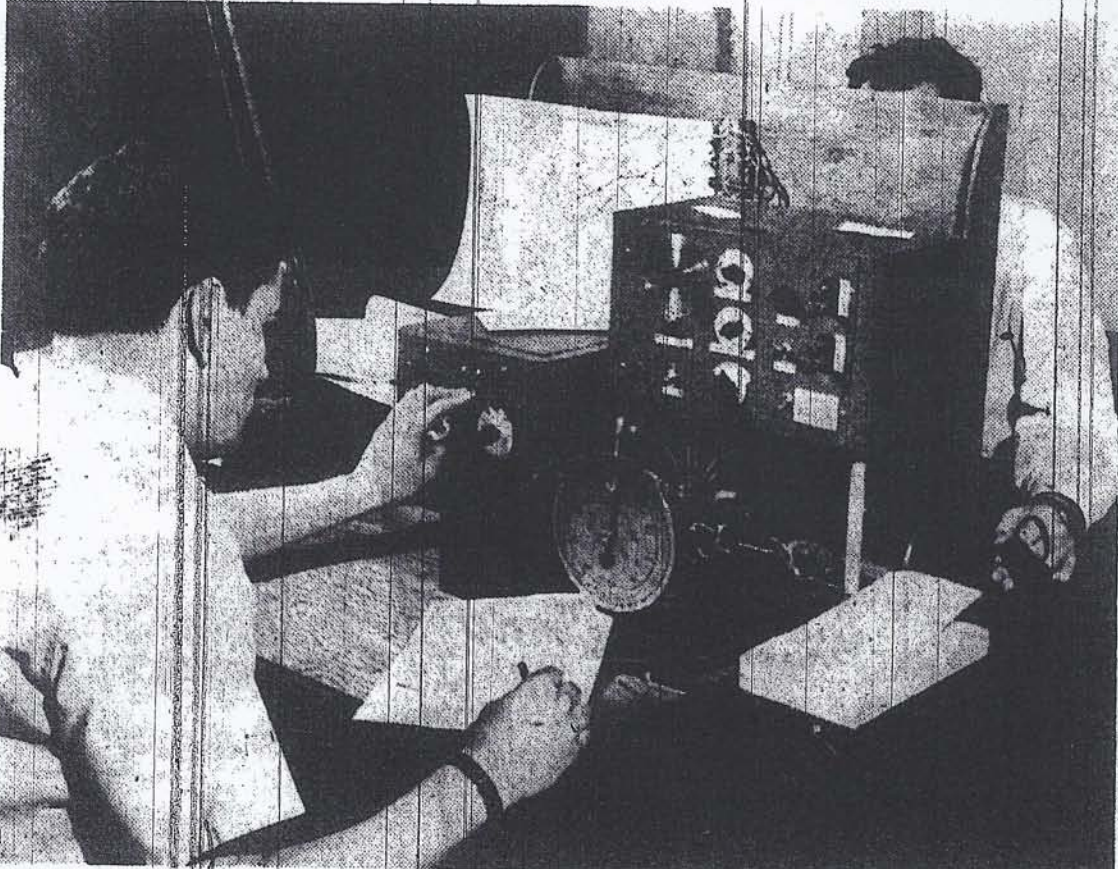
depending upon whether or not the amount they are able to get is sufficient to satisfy the need the drug itself has created.

"Added (is the) worry arising from the activity of the police and the fear that the next dose will not be available. Strongly addicted persons who have to contend with physical discomforts and social uncertainties... are restless, discontented and unhappy; they get less satisfaction out of life than they did before they were addicted. As physical addiction

grows in intensity, and more and more of the drug is necessary to maintain comfort, its power to give temporary relief from the original inferiorities is lessened until a point is finally reached where pleasure is completely overshadowed by pain."

"The unhappy state of addicts who reach this stage of addiction causes them to seek cure," Dr. Kolb noted.

Even under the most expert care, (See Column 3, Back Page, This Section)



Psychologist Conan Kornetsky (left) tests morphine reaction anxiety on an electronics device at the U. S. Public Health Service hospital.

—Herald Photo

...the use of our representation. The thought expressed in this by Editor-Conan R. Underwood in delivered at the annual Kentucky Society, Revolution, held at hotel.

...representative government, was advocated by who not only exerts at home and also demonstrated its vehicle for problem-ugh effecting comh delayed the War States.

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...pointed out, "a mon- l even though Theo- called one a marble t a home place ac- alive the things for de figure has worked

...g that Napoleon con- historians liars and oday claim that radio and newspaper col- at least occasionally Underwood remarked:

...d deal easier to talk reat figures of the Henry Clay, than to olicies of such living President Truman, nt Barkley. Speaker, Senator Robert Taft, ical J. Howard Mc- aster General Jesse M. ecretary of Agricul- 1, Senator McCarthy

...1 S. Webb, president, 50-51 officers of the ocity officially as- duties at last night's l on the anniversary of Lexington.

...the Daughters of the volution chapters of y were special guests Reynolds served as rman.

### Cut Local Service Received

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(See Column 7, Ba

## Committee U. S. 25 li

DRY RIDGE, An organization of Floreence and C here today, Rol ence, reported.

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Members of 1 tion include J of Grant coun Roy Green of Edwards, Elsm

### Felling Of Results In

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The suit sta company in awarded an er power lines o Kentucky charged, "wan tree and has damages done

Under the economy orner, with additional reductions in clerical workers in post offices.

Donaldson's order, effective at once, calls for delivery of mail only once a day to homes, other cutbacks in service to places of business, and earlier closing of post office windows when possible.

Sen. Wiley issued a statement saying there is need for more rather than less mail service, and Lepper observed bitterly that the postal service apparently is headed back to pony express days.

The House, debating the big single-package government appropriation bill, was working under rules which bar speeches on extraneous subjects. However, the Donaldson order is expected to get a lot of attention when the Postoffice Department section of the \$29,000,000,000 measure comes up for consideration, probably next week.

Wiley said Congress through its committees should act to have the order rescinded immediately. He suggested that if Congress wants to cut down the postal deficit it could throw out the "airmail subsidy," and allocate the cost of handling government and congressional mail to budgets other than that of the Postoffice Department.

Observing that the order "hits every user of the mail," Wiley suggested that it might have been timed "to put pressure on Congress" when the postoffice appropriation is considered.

Rep. Cannon (D-Mo.), chairman of the House Appropriations Committee, said dryly that the order seemed "well-timed." He anticipates a flood of protests from aggrieved citizens, but said he is determined to resist every effort to

### Funerals

**Mrs. Lola B. Reed**  
Funeral services will be held at 3 o'clock this afternoon at Kerr Brothers funeral home for Mrs. Lola Bowling Reed, 74, widow of F. M. Reed, Bryan Station road, who died Tuesday. The Rev. Clarence Walker, pastor of the Ashland Avenue Baptist church, will officiate and burial will be in Hillcrest Memorial park.

Casket bearers will be Tom Tooy, Henry Perkins, Ted Petro, Woodman Crockett, Charles Cecil and William Brown.

**Mrs. Mary E. S. Summers**  
Funeral services for Mrs. Mary Elizabeth Snider Summers, 80, widow of the Rev. E. W. Summers, who died Tuesday at her home, 543 North Broadway, will be held at 2 o'clock this afternoon at the Calvary Baptist church. The Rev. T. C. Ecton will officiate and burial will be in Georgetown.

Casket bearers will be Charles Hatfield, A. H. Gillespie, Cager Rayborn, Thomas J. Porter Jr., George Newell and Dr. W. B. Jones. The body is at the residence.

**Fines U. Deener**  
Funeral services for Fines U. Deener, 75, of 1213 Embury street, who died Tuesday, will be held at 3 o'clock this afternoon at the First Baptist church, the Rev. George Ragland officiating. Burial will be in the Lexington cemetery.

Mr. Deener's grandsons will serve as casket bearers. The body will remain at the C. A. Baker funeral home until time for services.

**"More for Less - and most graciously" -**

Whether the funeral cost be \$150 or several hundred.

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Carry This Message - Source: CHRIS B.

Election fever swept the 52nd Continental Congress of the Daughters of the American Revolution today with a close race in prospect for the key post of president general.

The 4,000 delegates begin voting Thursday after formal nominating speeches tonight.

The two contenders for a three-year term in the top office are Mrs. Edwin Stanton Lammers of McAllen, Texas and Mrs. James B. Patton of Columbus, Ohio. Mrs. Lammers now is recording secretary general; Mrs. Patton first vice president general. Each has a long record of DAR activity.

In record time, and without a dissenting vote, the DAR passed 11 resolutions reaffirming the members' faith in capitalism and stressing continued opposition to communism and socialism.

Each of the two candidates for the presidency general heads a ticket of 11 candidates for major offices.

In addition, 10 women were nominated for vice president general. The seven highest will be elected. The DAR elects each year seven of its 21 vice presidents general, each of whom serves three years. These are not on a ticket.

These 10 nominees include Dr. Winona Stevens Jones of Lexington, Ky.

### Methodist Women Hear Plea For Civil Rights

CLEVELAND, April 19 (AP) — "It is the Christian's responsibility to support civil rights legislation," Dr. Benjamin E. Mays told the Methodist Women's Society of Christian Service today at its national assembly.

Dr. Mays, president of Morehouse College, Atlanta, Ga., said it is the function of the state "to give life, liberty or the right to pursue happiness."

"When any form of government becomes destructive of the human rights which God has given to every person," he said, "that government ought to be alerted or completely abolished and a new government established."

Dr. Mays urged the white race to "find out the truth about the Negro, learn what science says about race and what the federal Constitution records of equality for all."

### University Of Louisville To Admits Negroes

LOUISVILLE, Ky., April 19 (AP) — Trustees of the University of Louisville tonight voted unanimously to admit Negro students at the university.

As a result of the trustees' action, the university will admit Negroes to its graduate and professional schools next September and to all departments a year from September.

The Louisville Municipal College, Negro, branch of the U. of L. will be closed at the end of the 1950-51 academic year, it was announced.

Leet P. Miller, acting chairman of the university trustees, said tonight's action constitutes notice to members of the faculty of the municipal college that their employment ends with the closing of the school in June, 1951.

Dr. John W. Taylor, president of the university, said he was fully in accord with the board's action and termed it "a forward step for the university."

He said four applications already have been received from Negroes — one to enter law school, one for the music school and two for speed scientific school. Classes in the medical and dental schools have been filled for the next academic year, he explained.

### Lexington FM Station Application Is Filed

WASHINGTON, April 19 (AP) — The Communications Commission today received application for an FM radio station in Kentucky.

The FM applicant was American Broadcasting Corp., Lexington.

### White Sox Drop Scala

CHICAGO, April 19 (AP) — The Chicago White Sox today released

State Department is riddled with Communist influences. Sen. McCarthy (R-Wis.) made the charges.

### Frightening

(Continued From Page 1)

The addict suffers during withdrawal, or abstinence. But it is plain hell for one who is alone and removed from understanding help.

The experts say an addict, unless he were a criminal prior to his addiction, will seldom risk involving himself in serious crime for that reason. If he is in ordinary custody, his supply will be cut abruptly and he will suffer.

The Public Health Service hospital here offers understanding help to an addict seeking cure, whether he be a federal prisoner, a probationer or a voluntary patient.

But even at the hospital withdrawal is no picnic.

Addicts Anonymous, a patient group at the hospital described well merely by its name and organized along the lines of Alcoholics Anonymous, circulates these thoughts about withdrawal to new patients:

"We know that in your effort to break the drug habit for the first time, you are not only sick and nervous, but you are also bewildered and somewhat frightened because you do not know what is going to happen next.

You'll Get Well  
"That is why we are writing to you; to describe what the doctors call 'symptoms of withdrawal,' and to assure you that you are not going to die or go crazy, but you are going to get well and stay that way if you will just keep away from drugs after you leave the hospital.

"In the first place, you will be over the worst of this trouble in 30 days from now, and perhaps even sooner if you have been here a week or ten days. By that time you will be assigned to a job which you can do, and this will help you take your mind off your troubles by keeping it occupied with other things to think about. Don't worry about your work. It will not be too hard nor beyond the strength you will have acquired by that time."

17 Symptoms  
The group listed 17 symptoms of withdrawal and attached appropriate comment:

1. Nervousness. "We felt like a cat on a hot stove."
  2. Loss of appetite. "It will return—and how!"
  3. Sleeplessness. "Don't let this get you down. You will sleep at times without knowing it—and you won't need anything to make you sleep, either. You have the best of it here."
  4. Nausea and vomiting. "Nature will tell you what to do. It won't last forever."
  5. Collapse. "You may pass out a time or two. Don't worry. So did we."
  6. Worry and depression. "With health restored and a job to occupy your mind, you will feel better."
  7. Aches and pains. "You will imagine you have every disease known. You haven't. A hot bath and a rub down will help a lot."
  8. Constipation and diarrhea. "Proper food and exercise will cure you."
  9. Blurred vision. "Just don't strain your eyes. They will return to their normal focus."
  10. Yawning. "Occurs frequently. It's a nuisance but not at all serious."
  11. Sneezing. "No, you haven't a terrible cold. It's just another one of those things."
  12. Irritability. "Don't get peeved at the other fellow. He feels the same way."
  13. Inability to concentrate. "Don't try. Remember it's a symptom. You are not going insane."
  14. Difficulty in writing. "Just a passing phase. Your arm and hand are not paralyzed."
  15. Dreams. "Nightmares! Weird dreams? Come around later and we'll tell you about ours."
  16. Abnormal appetite. "You can't believe it now but you will eat like a horse."
  17. Sleep. "At first, short naps, then longer ones. You are sleeping. Really! It's all over."
- "In presenting the list of symp-

TEACHER GROUP OFFICERS—New office Association, elected last night, are shown president; Mrs. Katherine Dickey, president, left.

### Czechs Close

(Continued From Page 1)

nationals from visiting the libraries for several months by questioning persons who entered the premises.

Czech-speaking Kolarek, 34, of Baltimore, was accused of "grossly abusing" his diplomatic status as a press attache to the embassy. He had been in Czechoslovakia since 1945 and in point of service, was the second oldest embassy employee in Prague.

He denied the charges in a telephone talk with the Berlin bureau of the Associated Press.

The action against him and the information service grew out of the trial last week of two Czech employees of the USIS who were convicted on charges of spying and sentenced to 15 and 18 years in prison.

United States Ambassador Ellis O. Briggs had denounced charges at that trial against Kolarek and the USIS as "demonstrably false and twisted."

The six defendants accused of high treason and spying went on trial at Pankrac prison in Prague. The Czech news agency said one corner of the courtroom was filled with an assortment of arms supplied the ring by the American embassy.

Jaromir Nechansky, a former Army major, was the chief defendant. The other defendants were Veleoslav Wahl, Milos Sprysl, Jiri Dohnalek, Karel Loris and Zdenka Vackova.

The news agency said Nechansky pleaded guilty to all charges, including one that the ring operated powerful radio transmitters at Jihlava, Pisek and Most.

The official account of the trial said the ring was organized by Walter Birge, former American embassy secretary, before the Communists got into power in February, 1948, for use in case of war or in event normal channels of intelligence broke down.

The group was alleged to have had the task of helping conceal parachutists, in event of war, and of helping fugitives escape the country, including Jaromir Smutny, former chief of chancellery to the late President Eduard Benes. It was alleged to have supplied information about Soviet-operated uranium mines in Czechoslovakia.

"The AA organization advises, 'our purpose, of course, is not to frighten you, but rather to tell you in advance what you may possibly experience just so you will not be alarmed. To be sure, no one patient may go through all these new and strange happenings, and their severity will depend in part on your present physical condition and the length of time you have been addicted to drugs. But, in any case, hang on like a man, and we assure you that everything will be all right.'"

Of course, the hospital staff orients each new patient well, and helps him through his cure thoroughly, but these words of advice, the list of symptoms are the words of old hands passing to new ones seeking salvation from the scourge of abused narcotics.

### Span To Be Closed

Chenault Bridge, which spans Herrington Lake between Danville and Camp Dick Robinson on Ky. 34, will be closed to traffic today and Friday between the hours of 8 a. m. and 4 p. m., the local district office of the State Highway Department announced yesterday. The closing was ordered while minor repairs are being made on the bridge.

### Tea Mrs

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