

# N.A. NEWS

Volume 1, No. 1

August 1974

## TESTIMONIAL

I am a recovering addict. Today,  
Narcotics Anonymous, the source of  
my recovery, is helping keep me alive and sober.

Last night I sat in a room and saw  
our unity; one addict helping another!

I saw lips move that  
share the experience of a sober  
sober day.

I saw hands shake that share  
the strength of a sober day.

I saw eyes open that share  
the hope of a sober day.

If our unity can be farther than in the  
room I sat in last night, let's begin  
and try to have it.



This newsletter is a beginning for  
us to share with you. We are a group  
of recovering addicts who are willing  
to sit down together and put out  
a paper once a month in hope of keeping  
correspondence going on between us.

This NEWSLETTER is a beginning for  
communication. We are attempting to  
share how we feel as recovering addicts  
and to share with you our experiences.  
We are willing to pull together to put  
out a paper once a month in hope of  
receiving some correspondence from you.

# Dear N.A.,

Communication is important to tie us together. If you care to share anything with us, please write to:

Literature & Public Relations  
Committee  
c/o Narcotics Anonymous  
6261 North Broad Street  
Philadelphia, Pa. 19141

WE WANT TO HEAR FROM YOU !!!!!



## Special Events

N.A. and A.A. had their yearly round-up on July 21, 1974. The cause of the round-up was to have sober people to join together and have a day of fun and happiness with other sober people.

Starting from a "world series" baseball game to swimming, and an exciting volleyball tournament, the day climaxed with dinner.

Sitting along picnic tables strung together, well over 50 sober people sat in enthusiastic talk, eating a catered meal. The drawing took place after dinner which brought sheer delight from the winners and a low roar from the less lucky.

The most outstanding feelings from the entire picnic were people laughing, talking and enjoying themselves in sobriety. Being sober and being able to do all the fun things they've always wanted to do, together.



There appeared to be a lot of enthusiasm at the round-up, along with a lot of activities, sharing, caring and most importantly a helluva lot of good sobriety.

What I got from the round-up was the feeling of belonging. Belonging to a fellowship, where I am always welcome.

PART OF A FAMILY

## Announcements

Want to have your ideas on paper? Come to our next Literature & Public Relations Committee meeting.

A group are asking for volunteers to help get together a Labor Day weekend N.A. campout. We also are interested in getting together more outings.

The next Literature Committee meeting will be announced at individual group meetings.

Intergroup is held the first Sunday of every month. September meeting will be in Philadelphia, only the September meeting will be held on the 2nd Sunday.

## SHARING

Serenity  
Harmony  
Abstinence  
Recovery  
Integrity  
Needs  
Giving

Sharing is, feeling the happiness of another person's sobriety.

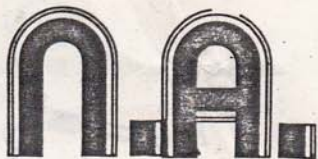
Sharing to me is trusting myself to others, my sponsor to give faith and ideas to fill my head when there's nothing in there but fog. Sharing is using other people's ways of staying sober, borrowing sobriety till I have enough of my own.

Sharing is, understanding, supporting, identifying and walking away not alone anymore. Ready to start another day.



Sharing is:

- " " your strength in my weakness
- " " your belief in my doubt
- " " your courage in my fear
- " " YOU



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