8-74

MY DAILY MORAL INVENTORY

LIABILITIES

Watch for— X

Month ..... Year .....

Check Results DAILY in Proper Column

ASSETS

Strive for— ✓

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Self-Pity																																Self-Forgetfulness
Self-Justification																																Humility
Self-Importance																																Modesty
Self-Condemnation																																Self-Valuation
Dishonesty																																Honesty
Impatience																																Patience
Hate																																LOVE
Resentment																																Forgiveness
False Pride																																Simplicity
Jealousy																																Trust
Envy																																Generosity
Laziness																																Activity
Procrastination																																Promptness
Insincerity																																Straightforwardness
Negative Thinking																																Positive Thinking
Vulgar, Immoral, Trashy Thinking																																High-Minded, Spiritual, CLEAN Thinking
Criticizing																																Look for the GOOD

Eliminate the Negative

Made a searching and fearless moral inventory of ourselves.

Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

CHECK THE SCORE EVERY NIGHT—TRY TO GET THE SLATE CLEAN

Distributed by the _____

Accentuate the Positive

Were entirely ready to have God remove all these defects of character.

Humbly asked Him to remove our shortcomings.

Continued to take personal inventory and when we were wrong, promptly admitted it

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Source: Danny M.