

IF YOU THINK YOU HAVE A DRUG PROBLEM,
HERE ARE 20 QUESTIONS TO HELP YOU DECIDE.

YES OR NO

1. Have you lost friendships due to the use of drugs/alcohol?
2. Do you seek an escape through drugs/alcohol ?
3. Have you ever used drugs/alcohol to be socially accepted ?
4. Do you use drugs/alcohol to enjoy yourself ?
5. Was your health ever affected through the use of drugs/alcohol ?
6. Have you ever been in a hospital, or institution, because of drugs/
alcohol ?
7. Were you ever arrested while under the influence of drugs/alcohol ?
8. Did you ever take an overdose, or did you ever blackout due to
drugs/alcohol ?
9. Do you use drugs/alcohol to build self-confidence ?
10. Did you ever deny or hide your use of drugs/alcohol ?
11. Have your normal functions ever been affected by the use of
drugs/alcohol ?
12. Do people lose respect for you due to your drug/alcohol use ?
13. Have you ever engaged in ~~XXX~~ illegal activities in order to get
drugs/alcohol ?
14. Have you ever felt guilt or remorse because of the use of
drugs/alcohol ?
15. Have you ever tried to stop using drugs/alcohol, but could not ?
16. Have you ever tried to control your use of drugs/alcohol ?
17. Is the use of drugs/alcohol making your home life unhappy ?
18. Has your personality changed as a result of drugs/alcohol ?
19. Have you lost time from school or work due to the use of drugs/
alcohol and/or drug related activities ?
20. Have you ever moved from place to place in an attempt to stop
using drugs/alcohol ?

Through our personal experience with drugs/alcohol, we have found that if you answered yes to 1 or 2 of these questions, you may have a problem with drugs/alcohol. If you answered yes to 3 or more of these questions, you definitely have a problem with drugs/alcohol.

IF YOU WANT TO USE DRUGS THAT'S YOUR BUSINESS

IF YOU WANT TO STOP THAT'S OURS

CALL NARCOTICS ANONYMOUS- (215) 276-2703

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Check Correct Answer

- | Yes | No | |
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INTERGROUP



CarryTheMessage.Com
Source: Danny M.

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