

# History of Recovery First Group

## Time Line

Thank Dave F and Danny M.

Roy P. brings White Book, "Narcotics Anonymous" to Eagleville Hospital and establishes N.A. meetings on the grounds of E.H.R.C.

Meetings started from here and A.A. youth considered under 30. N.A. diversified now to adolescence and young adults.

September 1971, Bob M. and Rich M. start holding a meeting at the Eagleville Out-Patient Clinic, Powell St., Norristown. The meeting is mixed group therapy/Narcotics Anonymous.

March 1972, meeting is moved to St. Augustine's Church, 1208 Green St, Norristown in keeping with Traditions of Narcotics Anonymous. N.A. group is established independent of Eagleville Hospital.

Approximately September or October 1972, contact is made with other N.A. groups operating in the Delaware Valley; namely, Tuesday night meeting at 13<sup>th</sup> and Ruskin and Friday night meeting at 10<sup>th</sup> and the Boulevard; which started in 1971 but stopped March 1975 and re-started in September at 13<sup>th</sup> and Ruskin.

1974 the Norristown group given the name "Sobriety First".

August 1975, group moved to Church on the Mall, Plymouth Meeting.

1980 – Beginners meeting started by Jimmy G, Bob B and Joe C.

1987 – The name of the group changed to "Recovery First" as the interpretation of the Traditions became more conservative following the World Service Board Of Trustees Bulletin #13 of 1985.

Notable:

1974 – Steps – Yellow Card with 'Powerless over Drugs'

Ray T. wrote another letter to California no response  
Sent a letter to California for starter pack, got no response.

Fall of 1976 Addithon – following N.A. Tree brought to Delaware Valley by Jim H. difficulty because no input was request of East Coast Fellowship.

First 70 meeting

early 70's therapists would say just drink or smoke weed and you'll be fine. Founder Bob M. found his way through the total abstinence approach.

1983 Draft Review and Input of It Works: How and Why

9/112001 Mall closed. Held meeting by bench at COTM entrance.

Reverend Allen Kinlock gave addicts a place to meet when many facilities were hesitant.