

THE HISTORY OF THE BLUE RIDGE AREA OF NARCOTICS ANONYMOUS

May 1980- In Martinsburg Va. 2 recovering addicts met in an A.A. meeting and both of them had N.A. group starter kits and they tried to locate meetings in Wash. D.C. but most of the meetings in D.C. were "underground meetings":

1st Meeting- May 1980-- Winchester Va. was decided upon because it was a good central location for the area. It became a Wednesday night meeting in a counseling center. There were 8 members in the beginning and 4 of those headed for the 1st. E.C.C.N.A. in Lewisburg Pa. in 1980. Some also attended the 10th W.C.C.N.A. in Wichita Kansas and came back to Va. with a lot of input on starting new groups. As the group grew it contained 6 members from Martinsburg and 6 members from Winchester.

2nd. Meeting Formed- Martinsburg W. Va.-- Members from both groups helped to support each other. Members went to A.A. meetings to recruit new members.

3rd. Meeting- Shenandoah Lodge--Stepping stone for exposure of N.A. throughout the valley.

Regional Meeting In Harrisburg Pa.- An addict from the Va. meetings met 2 other addicts from the D.C./ Baltimore Area

4th Meeting- Leesburgh Va.

Current status- The Blue Ridge Area has grown to 7 regular meetings per week. (1983)

Most of the early progress of the area took place in the year of 1980.