

## HISTORY OF NA IN NEPAL

Narcotics Anonymous was introduced in Nepal back at 1994 but it couldn't start its momentum and the movement itself cease to exist.

Later in 1998 a fellow brother came from America and he encouraged recovering addicts to start NA meetings in Nepal again. So with the help of few recovering addicts the NA meetings started in two Treatment facilities.

Later on 1999, January three meetings in a week were started outside the rehabilitation centers. The average attendances at the meetings were only five at the beginning but later on the new comers kept coming back. So after the initial stage the group got bigger and the average attendance was 15 recovering addicts.

As time passed addicts started getting the message of recovery and naturally there was growth. Meetings were also started in other cities of Nepal .

In 2001 we formed our first ASC in Kathmandu valley. We still haven't formed our region yet but we've been participating in Asia Pacific Forum of NA since 1999.

The Kathmandu ASC had our first convention with the title "Hand In Hand" from 23rd to 25th November 2001. Though it was our first convention, it was a great success for the Kathmandu group with a total of 120 participants from various parts of the world. We even held an workshop on 'Twelve Traditions of NA' during the convention. We had our second convention "Simplicity In Unity" on feb 19 to21 2003 .

It was widely participated by the members from 10 different countries.

The total participant were 225 persons.

We've been able to translate six I.Ps and the Step Working Guide till now.

In conclusion, NA is getting bigger and bigger day by day and various NA related activities are being done on regular basis throughout the Kingdom

Of Nepal. More than 200 recovering addicts are regularly attending meetings as they have found a new way of living with the help of Twelve steps.