

ALABAMA

In 1981 a member started a NA meeting in Mobile, called it The Day By Day Group. It is still going strong today.

We have no exact history on NA in Mobile but there was some NA in Mobile before the Day By Day group. There isn't any way to pinpoint dates, but we heard it goes back about five years.

The first NA in Montgomery was started in September of 1979. An old Mexican dope fiend from San Diego founded NA here. That first group is still going strong today - The Freedom group.

Two other groups and a couple of H&I meetings have also sprung up here in the Montgomery Area. They are:

"Friday night candelite group" started in March of 1981, Its an open literature study meeting. Also the Freedom Groups sponsors an H&I meeting Monday night at Babbit Hospital Addictive disease program here in Montgomery. Its a speaker meeting on Thursday. The candelite group sponsors an H&I discussion at the same place.

The oldest group in our Region is the South Avondale group in Birmingham, it started in October of 1978.