

Narcotics Anonymous *Serving Greater Cleveland Since 1963*

1710 PROSPECT AVENUE • CLEVELAND, OHIO 44115

Telephone: 781-3773
24 Hour: 481-3512



THE DRUM BEAT



830 EAGLE AVENUE • CLEVELAND 15, OHIO

CAPTAIN AND MRS. EDWARD V. DIMOND - OFFICERS IN CHARGE

Meet.....Bob Kwadi



Bob Kwadi was born and raised in Cleveland and attended the local schools in this city. He worked on the railroads and later was employed by the Halle Bros. Department Store. He served in the U. S. Army in the South Pacific.

Bob is the relief man at this Center and tells us that he has gained his sobriety through the help of God and the Salvation Army. He has been in the program for 14 months and is a Soldier of the Salvation Army, enjoying a new way of life.

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JUST THINKING



If the world in which I live is a disagreeable place, I can try changing myself. If the people around me are unfriendly, I can try to be friendly. I can try putting on a smile in the presence of those who are storming; and speak a word of thankfulness in the conversation that is filled with complaint. Perhaps I can be a bit pleasant for the benefit of those who are down-hearted. This might change my world.

- The Young Soldier

O For a Faith

O for a faith impregnable
To ebb and flow of chance!
Not driftwood, lightly swept by waves
of circumstance;

Not fickle duns of time and tide
Shifting from right to wrong;
But towering rocks of sure defense,
Gibraltar-strong.

- Marie Rawton

By the Captain

Congratulations to:

The new Soldiers of this Center. Tom Brennan, Mr. and Mrs. C. Cross, F. Taylor and R. Kwadi.



Frank Husnik - upon his position as staff artist for Christian Enterprises, Inc.

Roy Schultis - whose years of experience in the field of correctional work has led to his appointment as lecturer at Western Reserve University.

The members of Narcotics Anonymous - for the publication of their first Newsletter.

Mrs. Gertrude Thompson - whose faithful service has been rewarded with her appointment as Veteran's Hospital and Armed Forces Director for the Salvation Army.

Our heartfelt thanks to:

Margaret Alice Alber - for the donation of songbooks in memory of her parents, Ernest and Isabelle Howle.

The Simperton Club - whose members present a program of music and refreshments.

The Soldiers and workers of this Center - for all they have contributed to the success of this program during the past year.

Alex Barber - whose incisive thinking has stirred us to enlarged areas of activity.

Dr. Irving Resow - for our new motto for the New Year: Efficiency - satisfaction.

Mrs. Captain Dimond - for all her hard work editing this fine paper. Keep up the good work!

We extend our deepest sympathy to Mr. Komareski on the loss of his mother.

"Lo, I am with you always".

JANUARY - 1964

EMOTIONS AND NARCOTICS ANONYMOUS

In every day living, people experience a variety of feelings. Often these emotions are not completely expressed when they are aroused. Individuals strive, both consciously and unconsciously, to express themselves fully. The drug users attempt to express themselves fully by taking intoxicating substances and experiencing an altered mental state. They use drugs to validate themselves as individuals. Ex-drug users relate to drug users the ways they deal with their feelings. Through an honest communication of feelings, the drug user is given the opportunity to see how he might express himself without drugs and the risk of their manifold destructive consequences.

Narcotics Anonymous in Cleveland is sponsored by the Salvation Army's Harbor Light Center at 2304 East Ninth Street. Regular meetings are held at the Center on Wednesday nights at 8:30. The meetings are similar to those held at Synanon of California and Daytop of New York (programs which have met with success in curbing anti-social behavior), incorporating psychodrama, role changing, and the Synanon Game into a type of group therapy.

Narcotics have been in use for centuries and are now available to a greater portion of the population than ever before. Severe penalties provided by Ohio laws for illegal drug possession and sale and a significant number of inmates serving long prison terms in accordance with these penalties have failed to stem the tide. Narcotics Anonymous attacks the problem from a different angle. Group participants are given an understanding ear, but are guided to face themselves honestly (without drugs) and to participate constructively in their community. A man does not risk the results of improper use of drugs if he is satisfied with himself. Exercising constructive means to achieve self-satisfaction gives a man a better feeling about himself.

At Cleveland's Cooley Farm, Narcotics Anonymous is providing experienced group leaders to coordinate groups held for the inmates who have had drug problems.

For further information, call 781-3773.

Cleveland Chapter
Narcotics Anonymous
2304 E. 9th Street
Cleveland, Ohio 44115

Meetings held every Wednesday 8:30 P.M.